

WICHE

Mental Health Program

Annual Report

2015 – 2016

WICHE



Western Interstate Commission
for Higher Education

Mental Health Program

Alaska

Arizona

California

Colorado

Commonwealth of the
Northern Mariana Islands

Guam

Hawai'i

Idaho

Montana

Nevada

New Mexico

North Dakota

Oregon

South Dakota

Utah

Washington

Wyoming



Estd 1955:

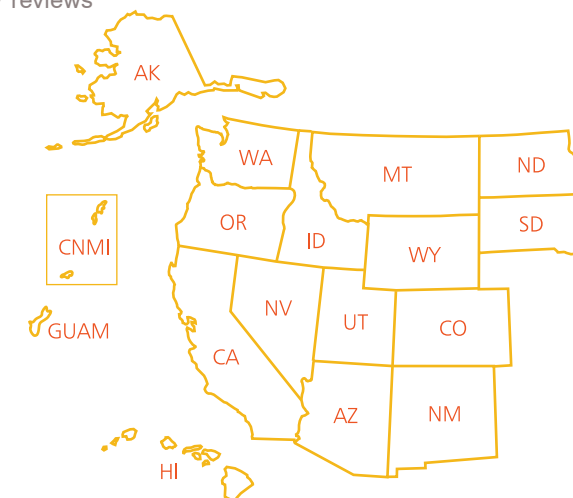
The WICHE Mental Health Program’s mission is very simple, focusing on improving services and building a qualified workforce responsive to, and informed by, persons with behavioral health challenges and their families. In the past sixty years much has changed, but our mission has remained consistent. Our job is to support our member states and territories in a manner that extends capacities and informs action.

The work we do across the West, and beyond, falls into three interconnecting areas of focus: Research/Data Analytics – Workforce Development – Technical Assistance. As you scan this report, you will see examples of this work stretching from technical assistance supporting the state psychiatric hospital in South Dakota, to strategic planning for the child and family system of care in the Commonwealth of the Northern Mariana Islands. Our psychology internship initiative has supported the creation of accredited internship training programs in Alaska, Colorado, Hawai’i, Nevada, and Oregon. We’ve helped support the adoption of evidence-based practices and programs through fidelity review and training in Arizona and South Dakota. Our work with the Veterans Administration in Colorado is seeking to inform and empower rural communities in suicide prevention, an effort with regional and national reach.

Our WICHE Mental Health Program is a collaborative effort. The member states and their stakeholders drive our work. The strength of this decades-old partnership becomes so apparent to us when lessons we’ve learned in Alaska become the building blocks of change in the Northern Marianas; when the skills learned to do evidence-based practices fidelity reviews

in Arizona are employed in South Dakota; and when our states share expertise with each other through a learning community like the Western States Decision Support Group. Partnership, collaboration, sharing, and cooperating are not just words we use, they are the values that define us as YOUR mental health program.

The year ahead is bittersweet. We will be saying goodbye to our current WICHE President, David Longanecker, who has led WICHE since 1999. Our new President, Joe Garcia, will begin his leadership of WICHE in June. We wish David a joyful retirement journey, filled with adventure, and look forward to our continued work serving the WICHE West and supporting the success of our new President, and each person our program touches.



Sincerely yours,

Dennis F. Mohatt
Vice President for Behavioral Health

05

Alaska

- Division of Juvenile Justice 5
- AK-PIC Mental and Behavioral Health Education and Training HRSA grant 5
- AKS Pacific University Doctoral Psychology Program 5
- Department of Health and Social Services: Alaska Psychiatric Institute 6
- Division of Behavioral Health 6
- Department of Health and Social Services: Psychology Internship Consortium 6
- Mental Health Trust Authority: Psychology Internship Consortium 7
- Outcomes Identification and Systems Performance (OISP): Child Screening Tool Development 8
- Mat-Su Behavioral Health Foundation Environmental Scan 7

10–11

Arizona

- Aetna: Mercy Maricopa Integrated Care: Evidence-based Practices 10
- Evidence-Based Practices Fidelity Project 10
- Department of Health Services: Recruitment and Technical Assistance 10
- Mercy Maricopa Integrated Care Motivational Interviewing and Illness Management and Recovery Curriculum Development and Training FY 16 11
- Mercy Maricopa Integrated Care Permanent Supportive Housing Redesign FY 16 11
- Mercy Maricopa Integrated Care Epicenter FY 16–17 11

12–13

Colorado

- Office of Behavioral Health: Circle Program Study 12
- Psychology Internship Consortium (CO-PIC) 12
- Jefferson Center for Mental Health (JCMH) 12
- Colorado Data Integration Initiative (DII) 13

14

CNMI

- Commonwealth of the Northern Mariana Islands System of Care Grant 14

Guam

- JBS International: Guam Behavioral Health and Wellness Center Consultation 14

Hawai'i

- Hawai'i Department of Education: Recruitment, employment, and facilitation for school-based behavioral health professionals 14

15

Idaho

- Department of Health and Welfare Gap Analysis: Behavioral Health Needs of Probationers and Parolees 15

Nevada

- Psychology Internship Consortium (NV-PIC) 15

17

Oregon

- State Hospital Psychology Internship Program (OSH-PIP) 17

South Dakota

- Drug and DUI Court Study 17
- Consumer Survey–FY16 17
- IMP(ACT) Annual Fidelity Reviews FY16 17
- State Hospital Technical Assistance 17

19

Texas

- El Paso Psychology Internship Consortium (EPPIC) 19
- Harris County Juvenile Probation Department Doctoral Psychology Internship (HCJPD) 19
- Bexar County Juvenile Probation Department Doctoral Psychology Internship (BCJPD) 19

20

Veterans

- Together With Veterans – Rural Veteran Suicide Prevention 20

21

Financials

- Revenue and Expenses 22

23

Our Staff

Alaska

Division of Juvenile Justice 01/2015–06/2016

The contract’s primary deliverable has been to assess the feasibility of converting a juvenile justice detention facility into a community-based, Medicaid-billable, residential treatment program designed to serve youth who, due to their unique needs, are not successfully served by the existing behavioral health service array. Activities included identification of the needs of the target population, program design development, cost analysis, assessment of Medicaid reimbursement options, and discussion with Centers for Medicare and Medicaid (CMS) to explore payment structure options. While the project remains a part of the Governor’s budget, Alaska’s fiscal challenges place it in jeopardy due to investment funds required for the conversion and low reimbursement scenarios.

A secondary deliverable involved developing policies and procedures for the division’s health services that are provided to youth residing in DJJ’s facilities. Key policies have been developed, and the contract is expected to end this spring. Funding for this project is \$ 60,000.

Project Lead:
Gina Brimner, L.C.S.W.

Mental and Behavioral Health Education and Training (MBHET) HRSA grant 10/2012–06/2016

WICHE MHP administers the Mental and Behavioral Health Education Training (MBHET) grant on behalf of the Alaska Psychology Internship Consortium (AK-PIC). The MBHET grant is funded by the US Health Resources and Service Administration (HRSA). The grant supported three internship positions for AK-PIC for three years. WICHE administers the grant and completes all required reporting, financial and otherwise. The grant cycle ended in September 2015, but due to the intern employment calendar, WICHE received a no-cost extension to continue to administer the grant through the completion of the current internship year (June 2016). Funding for this project is \$ 354,253.

Project Lead:
Alyssa Gilden, Ph.D.

AK Pacific University (APU) Doctoral Psychology Program 03/2014–02/2016

WICHE provided consultation and technical assistance to the Alaska Pacific University (APU) counseling psychology doctoral program. WICHE provided consultation and technical assistance regarding bringing the doctoral training program into accordance with national accreditation standards. WICHE worked with APU to revise policies and procedures, recruit and matriculate doctoral students, provide public information in accordance with accreditation standards, submit a self-study application for APA accreditation, and respond to the APA Commission on Accreditation. WICHE’s support of APU was funded by the Alaska Mental Health Trust Authority for a total of \$ 99,825 over two years.

Project Lead:
Alyssa Gilden, Ph.D.

Department of Health and Social Services: Alaska Psychiatric Institute
08/2014–08/2017

WICHE continues to provide technical assistance and consultation to the Alaska Psychiatric Institute (API). WICHE subcontracts with Clinisystems to support API's electronic health record programming and system enhancements. WICHE also provides forensic evaluation and competency restoration support (Dr. Gray), assistance with hospital quality improvement and accreditation initiatives, and special projects when requested. This funding began 9/8/14 and goes until 8/31/16 for up to \$150,000.

Project Lead:
Deb Kupfer
Consultants:
Clinisystems;
B. Thomas Gray, PhD

Division of Behavioral Health
12/2015–06/2016

This project consisted of a brief, on-site consultation to evaluate the division staff's readiness for change in accordance with planned behavioral health system reform efforts. Since the initiation of the project, there has been a change of division directors and the department's leadership has been focused on significant legislative and budgetary issues. As a result, deliverables for this contract have been suspended, and will likely not be renewed before the end of the fiscal year. Funding for this project is \$ 40,000.

Project Lead:
Gina Brimner, L.C.S.W.

Department of Health and Social Services: Psychology Internship Consortium
07/2015–06/2017

WICHE continues to operate the Alaska Psychology Internship Consortium (AK-PIC) to complete the training of students enrolled at the University of Alaska's Ph.D. Program in Clinical-Community Psychology and other psychology doctoral students who wish to train and work in Alaska. WICHE facilitates intern and faculty travel for training and program activities, supports distance technology activities, provides technical assistance to maintain accreditation through the American Psychological Association, provides quarterly reports to the DHSS and maintains program evaluation data and data regarding the in-state retention of internship graduates. This FY 16 funding is \$100,000.

Project Lead:
Deb Kupfer

Mental Health Trust Authority: Psychology Internship Consortium
FY 09–FY 17

WICHE continues to support the Alaska Psychology Internship Consortium (AK-PIC) to complete the training of students enrolled at the University of Alaska's Ph.D. Program in Clinical-Community Psychology and other psychology doctoral students who wish to train and work in Alaska. WICHE facilitates critical activities to maintain accreditation through the American Psychological Association (APA), facilitates the collection and dissemination of data required by the APA, facilitates face-to-face and tele/video meetings with faculty, and continues to work toward making AK-PIC a self-sustainable internship program. This funding began in FY 2009 and the FY 16 funding is \$ 19,981. This funding is expected to continue into FY 17.

Project Lead:
Deb Kupfer

Mat-Su Behavioral Health Foundation Environmental Scan

Pt 1: Crisis Response System (11/2014)
Pt 2: Treatment & Recovery System (08/2015)

WICHE staff completed a comprehensive review of state and national policies and regulations affecting the delivery of behavioral health crisis response and treatment and recovery system services in the Mat-Su Borough and Alaska. Key areas of policy and interview focus included funding/reimbursement, certification/accreditation, and state and federal regulations constraining the system from working efficiently and effectively. WICHE staff conducted key informant interviews regarding policy and regulatory issues, as well as other structural and programmatic issues that may impact programs and services. WICHE also provided a fiscal analysis of funding for services in Mat-Su and other boroughs and provided recommendations for a more effective and efficient crisis-response behavioral health system. The funding for this project was \$ 70,153.

Project Lead:
Ken Cole



Reproduced with permission from: Novotney, A. (2015, January) Creating internships in rural areas. Monitor on Psychology, 45(8). Retrieved from <http://www.apa.org/monitor/2015/01/internships.aspx>. Copyright ©2015 by the American Psychological Association. No further reproduction or distribution is permitted without written permission from the American Psychological Association. Photo copyright: Esther Pederson

Outcomes Identification and Systems Performance (OISP): Child Screening Tool Development

09/2015–06/2016

WICHE has collaborated with Alaska's OISP committee for over ten years in support of the development and implementation of a comprehensive behavioral health performance management and evaluation system for behavioral health care. In FY 16, we developed a new intake screening tool for children entering the behavioral health system in Alaska. The Child Alaska Screening Tool will screen children on intake for three mental/emotional health domains (internalizing, externalizing and attention disorders), physical health, traumatic experiences, substance use, school behaviors, bullying, developmental delays, safety in the home, caregiver stress, caregiver social support, and relationships with caregivers. Funding for FY 16 is \$25,500.



Project Lead:
Nathaniel Mohatt, Ph.D.

Arizona

Aetna: Mercy Maricopa Integrated Care: Evidence-based Practices
FY 14–FY 17

WICHE provides support to MMIC for the evidence-based practices (EBPs) to be implemented throughout Maricopa County as part of the Arnold vs. Sarn class action lawsuit settlement agreement announced on January 8, 2014, by Arizona Governor Han Brewer. This settlement was based on a case filed in 1981 by Charles “Chick” L. Arnold on behalf of individuals with severe mental illnesses. WICHE’s agreement with MMIC supports one fidelity reviewer, training and technical assistance related to the implementation of the identified EBPs, and evaluation/quality improvement monitoring of the practices. Additionally, Dr. Pamela Thompson is included in this contract for the development and maintenance of prevention activities across the full spectrum of acute and behavioral health services. The EBP-related portion of this contract for FY 16 is \$299,845 and the portion for Dr. Thompson’s services is \$186,452. All of these services are expected to continue into FY 17.

Project Lead:
Deb Kupfer
WICHE Staff:
Georgia Harris, MMIC Fidelity Reviewer
Consultants:
JBS International’s Supported Employment, Permanent Supportive Housing, and Consumer Operated Services experts; David Lynde, Assertive Community Treatment expert
Pamela Thompson, MD; MMIC Integrated Care Consultant

Evidence-Based Practices Fidelity Project
06/2016–06/2017

An essential part of the settlement agreement for class action suit Arnold vs. Sarn, initially filed in 1981, was a stipulation that the Arizona Department of Health Services (ADHS) would improve services to persons with a severe mental illness in Maricopa County, Arizona, by implementing four evidence-based practices (EBPs) established by the federal Substance Abuse and Mental Health Services Administration (SAMHSA). The four EBPs are Assertive Community Treatment (ACT), Supported Employment (SE), Consumer Operated Services (COS), and Permanent Supportive Housing (PSH). WICHE was contracted for two years to oversee the initial provider training on the four EBPs, as well as to develop a team to measure how well providers align services to fidelity protocols for each of the EBPs. An initial contract July 1, 2014 – June 30, 2016 for \$909,000 included the recruitment and training of a fidelity review team of four full-time staff in Arizona (two of which are funded by the local Regional Behavioral Health Authority), with one full-time project manager in Colorado to conduct annual fidelity reviews of the EBP providers throughout Maricopa County (approximately 50 each year). Arizona staff is Jeni Serrano and Karen Voyer-Caravona, and Mimi Windemuller oversees the project from CO, with assistance from Deb Kupfer. The contract also contains training and consultation from EBP subject matter experts, including Ann Denton and Laurie Curtis (Advocates for Human Potential) and David Lynde. WICHE is in the process of renewing this contract with the Arizona Health Care Cost Containment System (AHCCCS) for July 1, 2016– June 30, 2017 for an estimated \$400,000, to continue fidelity reviews at provider sites, to assist in analyzing data collected during the reviews, and to provide guidance on a permanent fidelity training program.

Project Lead: Mimi Windemuller

Department of Health Services: Recruitment and Technical Assistance
05/2014–06/2016

WICHE supports recruitment and deployment of a medical director for the Division of Behavioral Health and also supports consultation services related to quality improvement efforts at the Arizona State Hospital. FY 16 budget is \$269,270.

Project Lead:
Deb Kupfer
Consultants:
Pamela Thompson, MD;
Dr. Tracy Deveau

Mercy Maricopa Integrated Care Motivational Interviewing and Illness Management and Recovery Curriculum Development and Training FY 16
11/2015–06/2016

WICHE has been engaged in developing training and leading the implementation of MI and IMR within identified Mercy Maricopa contracted organizations. WICHE will develop a training curriculum for general provider training, trainer training, refresher/booster training, and supervisory tools to monitor and sustain the practices within the organizations. WICHE will provide on ground implementation of the practices by providing training to provider organization facilitators to deliver these trainings, implement, and monitor these practices within their organizations. This project is funded at \$100,000.

Project Lead:
Deb Kupfer
Consultants:
Gina Brimmer
Steve Schoenmakers

Mercy Maricopa Integrated Care Permanent Supportive Housing Redesign FY 16
01/2016–06/2016

WICHE is working with MMIC to facilitate a housing redesign to restructure how Permanent Supportive Housing (PSH) and accompanying services are provided to members. This process will include restructuring the existing housing referral process, redesigning the current system, engaging invested stakeholders, exploring different housing strategies, and identifying options to promote sustainability, which will all culminate in a finalized report on the redesign and recommended next steps. Mercy Maricopa is implementing this redesign due to identified structural issues and processes outlined by the plaintiffs in the Arnold vs. Sarn settlement agreement and the annual Mercer report. This project is funded at \$79,950.

Project Lead:
Deb Kupfer
Consultants:
Advocates for Human Potential, Inc. – Ann Denton and Adam Kirkman

Mercy Maricopa Integrated Care Epicenter FY 16–17
03/2016–09/2016

WICHE is partnering with Mercy Maricopa Integrated Care to support the EPICENTER clinics – First Episode Clinic Support. WICHE will provide ongoing training and support to MMIC’s existing partners: IMHR Epicenter/Jewish Family and Child Services, and a new partner, Maricopa Integrated Health Systems (MIHS). WICHE will provide evidence-based practice training, and technical assistance and consultation to IMHR Epicenter/JFCS and MIHS staff to sustain and enhance their capacity to support client referrals to evidence-based practices. The funding for this project is \$50,000.

Project Lead:
Deb Kupfer
Consultants:
Advocates for Human Potential, Inc. – Anticipated

Colorado

Office of Behavioral Health: Circle Program Study

01/2016–06/2016

The Colorado Office of Behavioral Health retained the Western Interstate Commission for Higher Education (WICHE) Mental Health Program to conduct a study to examine the effectiveness of the Circle Program and its operational setting. The Circle program is a 20-bed inpatient program operated by the Colorado Mental Health Institute at Pueblo (CMHIP). WICHE's evaluation will:

- Analyze data for the period from July 1, 2010, through December 31, 2015, to determine completion and dropout rates, relapse rates, and recidivism rates.
- Examine the operational, financial, and regulatory/licensure options for the Circle Program to be autonomous from CMHIP and the state.

This project is funded at \$175,000.

Project Lead:
Ken Cole

Psychology Internship Consortium (CO-PIC)

FY14–16

WICHE provided consultation and technical assistance in the development, implementation, and accreditation process for the Colorado Psychology Internship Consortium (CO-PIC). These efforts were funded by a Rural Health Network Development Planning Grant from June 1st, 2014 - May 31st, 2015 (\$85,000). Additionally, CO-PIC was the recipient of an APA Grant for Internships (\$25,000) which supported WICHE's involvement from June 1st, 2015 - December 31st, 2015 and covered CO-PIC's APA accreditation fees. Through the grant cycles, WICHE led efforts in the selection of internship sites, development of all associated internship materials in accordance with APA accreditation standards, secured CO-PIC's first intern cohort in the 2014-2015 APPIC match, assisted with the matriculation of CO-PIC's first cohort who started in August of 2015, and submitted CO-PIC's APA self-study in December of 2015. Following the grant funding cycle, CO-PIC did not have the financial resources to support WICHE's continued consultation and technical support activities. WICHE and CO-PIC continue to search for other sources of financing to support WICHE's involvement with the consortium in FY 16–17. This project is funded at \$31,886.

Project Lead:
Nathan Demers Psy.D.

Jefferson Center for Mental Health (JCMH)

FY15–16

WICHE has provided consultation to the Jefferson Center for Mental Health (JCMH) regarding their APA accreditation efforts. WICHE provided specific consultation regarding JCMH's response to the Commission on Accreditation, site visit preparation, and completed a mock site visit (\$4,750). The project ended in February of 2016, and is funded for \$4,750.

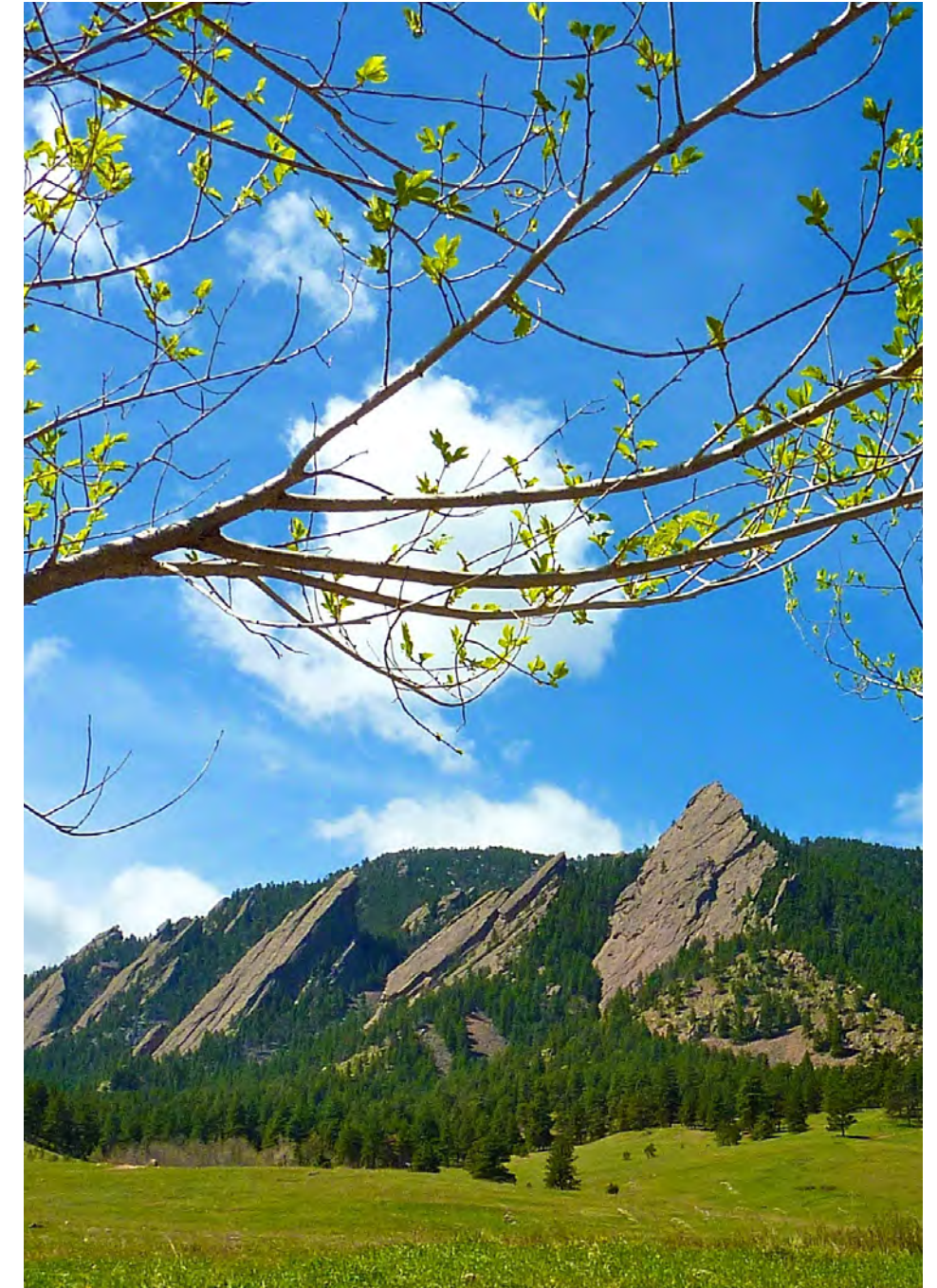
Project Lead:
Nathan Demers Psy.D.

Data Integration Initiative (DII)

FY 15–16

WICHE provided expert consultation to the Colorado Data Integration Initiative. The Colorado Office of Behavioral Health is redesigning their data and evaluation systems to integrate the mental health and substance abuse data collection and reporting systems. WICHE is supporting the effort by providing advice, research, and expert consultation on behavioral health data system design, data elements, psychometrics, and national trends in health information technology/data and healthcare reform. Funding is \$8,900.

Project Lead:
Nathaniel Mohatt, Ph.D.



CNMI

Guam

Hawai'i

Idaho

Nevada

Commonwealth of the Northern Mariana Islands System of Care Grant
2015–2016

The Commonwealth of the Northern Mariana Islands (CNMI) received a Systems of Care (SOC) Planning Grant awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA) in federal fiscal year (FFY) 2015, with subsequent carryover approved through FFY 2016, following the devastation resulting from Typhoon Soudelor August 2, 2015. The Commonwealth Healthcare Corporation entered into an agreement with WICHE to address key components of the SOC Planning Project. These components included: conducting a Behavioral Health Needs Assessment and providing workforce development, including training teachers and counselors in Youth Mental Health First Aid. The total funding for this project was \$140,000.

JBS International: Guam Behavioral Health and Wellness Center Consultation
2014–2015

WICHE provided distance and on-site consultation Guam Behavioral Health and Wellness Center (GBHWC) supporting the development of integrated community-based services, providing training to the Governor's Behavioral Health Advisory Board, and developing processes to assist GBHWC as they pursue accreditation by the Council on Accreditation of Rehabilitation Facilities (CARF). This project was funded at \$22,600 without travel expenses and began in FY 14 and ended December 31, 2015.

Department of Education: Recruitment, employment and facilitation for school-based behavioral health professionals
02/2015–06/2017

WICHE provides marketing, recruitment, screening and referral services for behavioral health professionals to fill public school vacancies across the Hawai'ian Islands. The contract began February 2015 and ends June 30, 2016. The contract is a performance-based contract not to exceed \$2,000,000 based upon the number of successful hires. The contract is expected to be revised and renewed for FY 17.

Hawai'i Psychology Internship Consortium (HI-PIC)
07/2014–06/2017

The Hawai'i Psychology Internship Consortium (HI-PIC) represents a collaborative effort among several agencies to provide training to prepare competent psychologists. A partnership between the Hawai'i Children's Mental Health Division, the Hawai'i Department of Education, the Hawai'i Public Safety Department and WICHE MHP achieved contingency accreditation by the American Psychological Association in fiscal year 2015. The program is slated to receive full accreditation once it meets a customary data reporting requirement in early 2017. WICHE MHP provides administrative support, technical assistance, and data collection services to HI-PIC. WICHE MHP and the Hawai'i Department of Education also continue to partner to recruit a range of behavioral health professionals to fill vacant positions in Hawai'i's school districts.

Department of Health and Welfare Gap Analysis: Behavioral Health Needs of Probationers and Parolees
05/2015–02/2016

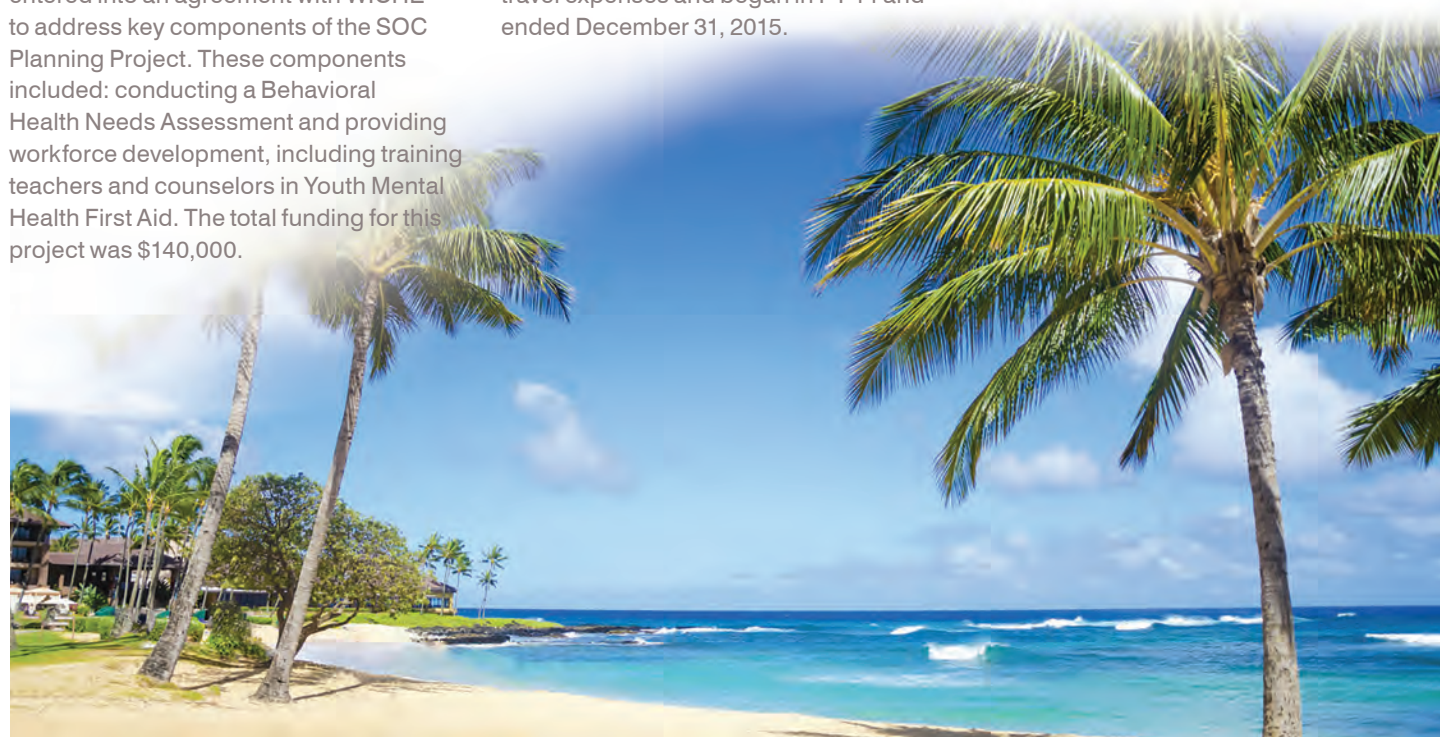
The Idaho Department of Health and Welfare (IDHW) retained WICHE to conduct an evaluation of behavioral health services provided to Idaho's adult probationers and parolees. IDHW asked WICHE to:

- Estimate the mental health and substance use disorder treatment needs of this offender population;
- Identify current funding available to provide treatment services to the offender population; and
- Assess any gap in funding to meet the treatment needs of all moderate- and high-risk probationers and parolees.

WICHE described Idaho's service delivery system and funding for probationers and parolees with substance use and mental health treatment needs. The report concluded with a discussion of funding estimates to meet the treatment needs of adult probationers and parolees. Funding for this project was \$ 66,750.

Nevada Psychology Internship Consortium (NV-PIC)
07/2015–Present (Ongoing)

WICHE provides ongoing consultation and technical assistance in the development, implementation, and process of accreditation for the Nevada Psychology Internship Consortium (NV-PIC). Beginning in FY 15, the Nevada Division of Public and Behavioral Health (DPBH) contracted with WICHE MHP for approximately \$96,000 for one-year of planning prior to the first year of the internship. During that planning year, WICHE assisted in the development of policies and procedures for NV-PIC in accordance with the national accreditation standards of the American Psychological Association (APA). DPBH contracted with WICHE MHP again in FY 16 for approximately \$100,000 to continue receiving consultation and technical assistance for the internship as well as assistance in preparing materials for NV-PIC's application for APA accreditation. WICHE also assisted NV-PIC in the recruitment and selection of their inaugural cohort of interns. NV-PIC submitted their self-study application in March 2016. DPBH has expressed their commitment to continue working with WICHE at a similar funding level for FY17 and beyond.



Project Lead:
Dennis Mohatt
Consultant:
Luisa Lumbano

Project Lead:
Deb Kupfer

Project Lead:
Deb Kupfer
WICHE Staff:
Brittany Copithorn

Project Lead:
Deb Kupfer

Project Lead:
Ken Cole



Nevada cont.

The first cohort of interns matriculated in August 2015. The interns are employees of WICHE, which is funded by Nevada WICHE through an intergovernmental agreement. Nevada WICHE agreed to provide WICHE \$150,000 each year for two years (FY 16 and FY 17) to employ four NV-PIC interns. One of the agencies under DPBH, the Southern Nevada Adult Mental Health System (SNAMHS), will provide \$37,500 to WICHE for the employment of a fifth NV-PIC intern in FY 17. Nevada WICHE and DPBH have expressed interest in continuing to provide funding to WICHE to serve as the interns' employer in FY 18 and beyond. In addition to these funds, WICHE received a grant from APA for \$20,000 to support NV-PIC's application for accreditation. Funding for this project is \$ 150,000 for FY 15–16.

Project Lead:
Alyssa Gilden, Ph.D.

Oregon

Oregon State Hospital Psychology Internship Program (OSH-PIP) FY 14–16

WICHE continues to provide consultation and technical assistance in the development, implementation, and accreditation process for the Oregon State Hospital Psychology Internship Program (OSH-PIP). These efforts are funded by an APA Grant for Internship Programs (\$20,000) geared toward increasing the number of accredited internship positions. OSH-PIP received the grant during its initial year of planning and program development (2014-2015), and funds have been used support WICHE's involvement from July 1, 2014, to present, as well as cover OSH-PIP's APPIC membership application fees and APA accreditation fees. Throughout the past two years, WICHE has assisted the Internship Training Committee (ITC) in the development of policies and procedures in accordance with the accreditation standards of the APA, the development of the internship's public materials, the recruitment of the first intern cohort through the 2014-2015 APPIC Match, the successful application for APPIC membership, and the submission of the APA self-study in December 2015. Funds have also been set aside for a WICHE-led mock site visit scheduled for May 10, 2016, as well as travel for the Co-Training Directors to the 2016 APPIC Membership Conference in May 2016. The consultation, administrative support, and technical assistance that WICHE provides for OSH-PIP will end on September 2, 2016, as indicated in the contract. Funding for this project was \$ 167,588.

Project Lead:
Lindsey Banning, Ph.D.

South Dakota

Drug and DUI Court Study 04/2015–02/2016

The Western Interstate Commission for Higher Education (WICHE), in partnership with JBS International, was awarded a contract in response to the South Dakota Unified Judicial System's (UJS) request for proposal (RFP): Treatment Needs Study for Drug and DUI Courts in April of 2015. The project purpose, goal and scope of request for this RFP for the nine drug and DUI courts included in this study per the request of the State of South Dakota UJS were:

- Assess current referral and assessment processes and treatment services to address addiction and criminal thinking issues in South Dakota communities operating Drug and DUI Courts.
- Assist in the development of a uniform referral process that identifies individuals who are best served in a Drug or DUI Court and makes recommendations regarding appropriate services, including but not limited to case management and treatment services to address addiction and criminal thinking issues.
- Analyze best practices in the area of drug courts, including standards recommended by the National Association of Drug Court Professionals and other research, to identify appropriate services and supports for Drug and DUI Court offenders.
- Assess UJS data to determine the numbers of individuals and estimate treatment expenses to serve Drug and DUI Court clients.

This project was funded at \$151,312.

Project Lead: Deb Kupfer
Consultants: JBS International

South Dakota

Consumer Survey – FY 16 completed 02/2016

WICHE has completed the South Dakota Behavioral Health Consumer Survey annually in support of South Dakota's reporting to the federal government on behavioral health consumer's satisfaction with services. FY 16 marked the last year that South Dakota will complete the Consumer Survey as they have since transitioned to a new data and evaluation system. Funding for FY 16 was \$20,000.

IMP(ACT) Annual Fidelity Reviews FY 16 06/2015–05/2017

WICHE conducted fidelity reviews of three South Dakota IMP(ACT) programs including the following mental health provider agencies, listed in the order reviewed: 1) Northeastern Mental Health Center, 2) Capital Area Counseling Service, and 3) Lewis & Clark Behavioral Health Services. These fidelity reviews were conducted by Nathaan Demers and Mandi Strickland. The funding for this funding was \$ 49,000.

State Hospital Technical Assistance 06/2015–05/2016

WICHE provides assistance to the state's psychiatric hospital, the Human Services Center, located in Yankton. Completed projects include:

- As assessment of treatment programming on the adult and adolescent acute treatment units, including recommendations to strengthen programming;
- An examination of the operation of the Adult chemical dependency program;
- Consultation about techniques to reduce the use of seclusion and restraint; and,
- Mentoring for the newly hired Quality Improvement Director.

The funding for this project was \$ 45,197.



Project Lead:
Nathaniel Mohatt, Ph.D.

Project Lead (as of April 2016):
Nathaan Demers Psy.D.

Project Lead:
Ken Cole

Texas

El Paso Psychology Internship Consortium (EPPIC) 09/2012–08/2017

WICHE assisted with the development and accreditation process for the El Paso Psychology Internship Consortium (EPPIC). WICHE provided consultation and technical assistance related to the development of the internship policies and processes, recruitment and matriculation of interns, application for APA accreditation, preparation for a site visit, and response to the APA Commission on Accreditation. EPPIC received APA accreditation in 2015. Currently, WICHE provides consultation and technical assistance related to the ongoing operations of the internship program. WICHE's support of EPPIC is funded through a grant received by EPPIC from the Hogg Foundation for Mental Health. The total funding received by EPPIC is approximately \$70,000.

Project Lead:
Alyssa Gilden, Ph.D.

Harris County Juvenile Probation Department Doctoral Psychology Internship (HCJPD) 09/2013–05/2015

WICHE assisted with the accreditation process for the Harris County Juvenile Probation Department (HCJPD) Doctoral Psychology Internship. WICHE provided consultation and technical assistance related to any changes necessary to existing internship policies and processes, development of other policies and procedures, application for APA accreditation, preparation for a site visit, response to the APA Commission on Accreditation, and required data collection and reporting for accredited internships. HCJPD received APA accreditation in 2015. WICHE's support of HCJPD was funded through a grant received by HCJPD from the Hogg Foundation for Mental Health for approximately \$20,000 as well as a small amount (approximately \$1500) provided directly from HCJPD.

Project Lead:
Alyssa Gilden, Ph.D.

Bexar County Juvenile Probation Department Doctoral Psychology Internship (BCJPD) 03/2014–06/2016

WICHE assisted with the accreditation process for the Bexar County Juvenile Probation Department (BCJPD) Doctoral Psychology Internship. WICHE provided consultation and technical assistance related to changes to the internship policies and processes required to meet accreditation standards, development of additional policies and procedures, BCJPD's application for APA accreditation, preparation for a site visit, and response to the APA Commission on Accreditation. BCJPD received APA accreditation in 2015. The Bexar County Juvenile Probation Department funded WICHE's support through a grant received by BCJPD from APA. The portion of the grant received by WICHE was approximately \$12,000.

Project Lead:
Alyssa Gilden, Ph.D.

Veterans

Together With Veterans – Rural Veteran Suicide Prevention 2016–2017

The Together With Veterans program is a partnership between WICHE and the VA’s Rocky Mountain Mental Illness Research, Education, and Clinical Center (MIRECC), which is developing a community-based strategy for conducting suicide prevention for veterans and their families residing in rural communities. Together With Veterans uses an evidence-based, multilevel approach to prevent suicide by improving access to care, resources, and support services and shifting community attitudes about help-seeking. Together With Veterans emphasizes shared decision-making, community buy-in, and capacity building at all stages to determine what will work best in individual rural communities. The program is innovative because it allows for flexibility within an evidence-based framework, and is designed to be adapted to each local community. Instead of using a one-size-fits-all approach, the program supports customization and allows community planners to focus on practices that meet the specific needs and resources of that community.

The 3-year multiphase pilot project is designed to establish the program as a VA Office of Rural Health promising practice. We are currently in year two of the project, where we are partnering with one rural community in Colorado to conduct needs assessments, plan the interventions, collect baseline data for evaluation, and begin building the local community capacity to prevent veteran suicide. Funding for Calendar year 2016 is \$249,488.

Project Lead:
Nathaniel Mohatt, Ph.D.
and Nathaan Demers, Psy.D.

WSDSG

Western States Decision Support Group – Annual Membership Program 1985–Present

WICHE has been managing the WSDSG since 1985. The WSDSG is a network for the behavioral health data and evaluation staff and managers from the western states. The WSDSG provides monthly teleconference calls to discuss emerging issues in behavioral health data and system evaluation and ongoing support and consultation to answer questions and support the states. The WSDSG also supports an annual meeting for the western states to learn about data systems and evaluation, stay abreast of emerging health information policies, and network with each other. Funding is based on an annual membership fee of \$6000, with FY 16 funding of \$54,000.

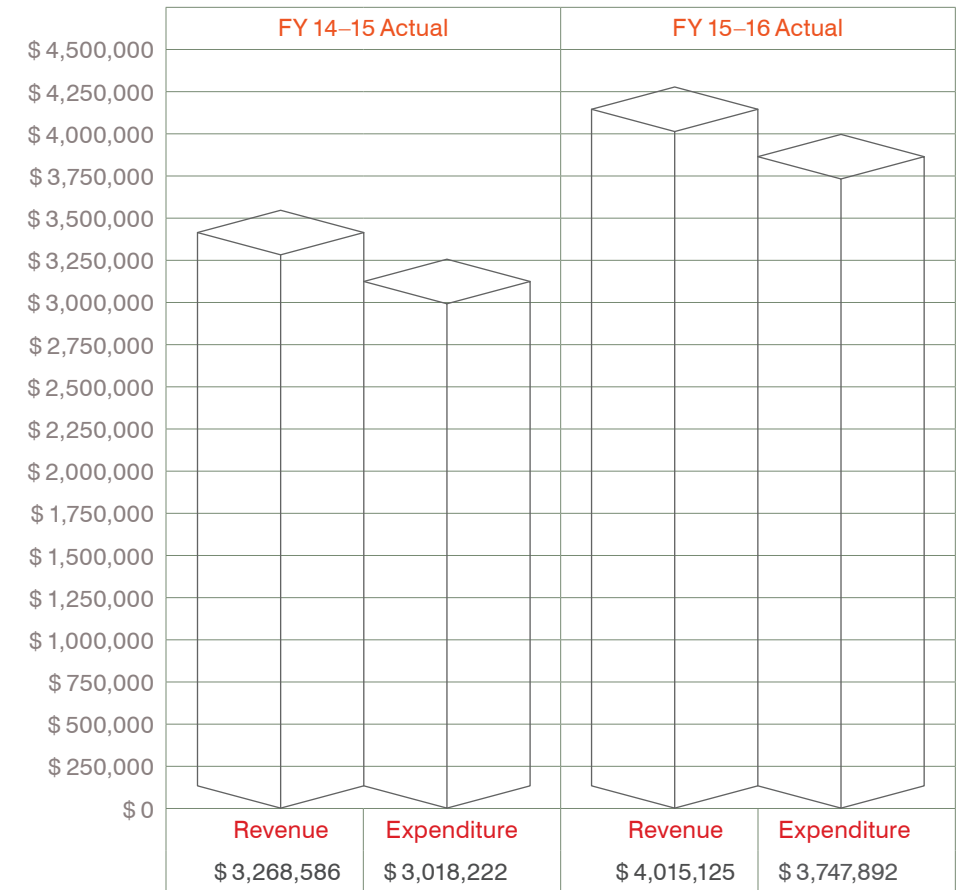
Project Lead:
Nathaniel Mohatt, Ph.D.

Financials

The Mental Health Program is self-funded and must earn sufficient revenue to cover expenses. For the past two fiscal years 2015–2016, the program generated positive fund balances. The figure to the right provides a comparison of revenues and expenditures for FY 14–15 and FY 15–16. Program revenue increased to \$4.0 million in FY 15–16, from approximately \$3.3 million in FY 14–15.

Mental Health Program income is earned from contracts with state, federal, and not for profit agencies that retain the Program to provide consulting and technical assistance. A small amount of revenue is earned from annual dues payments from the WICHE states. Also, a portion of the indirect costs charged to Program expenses is returned to the Program.

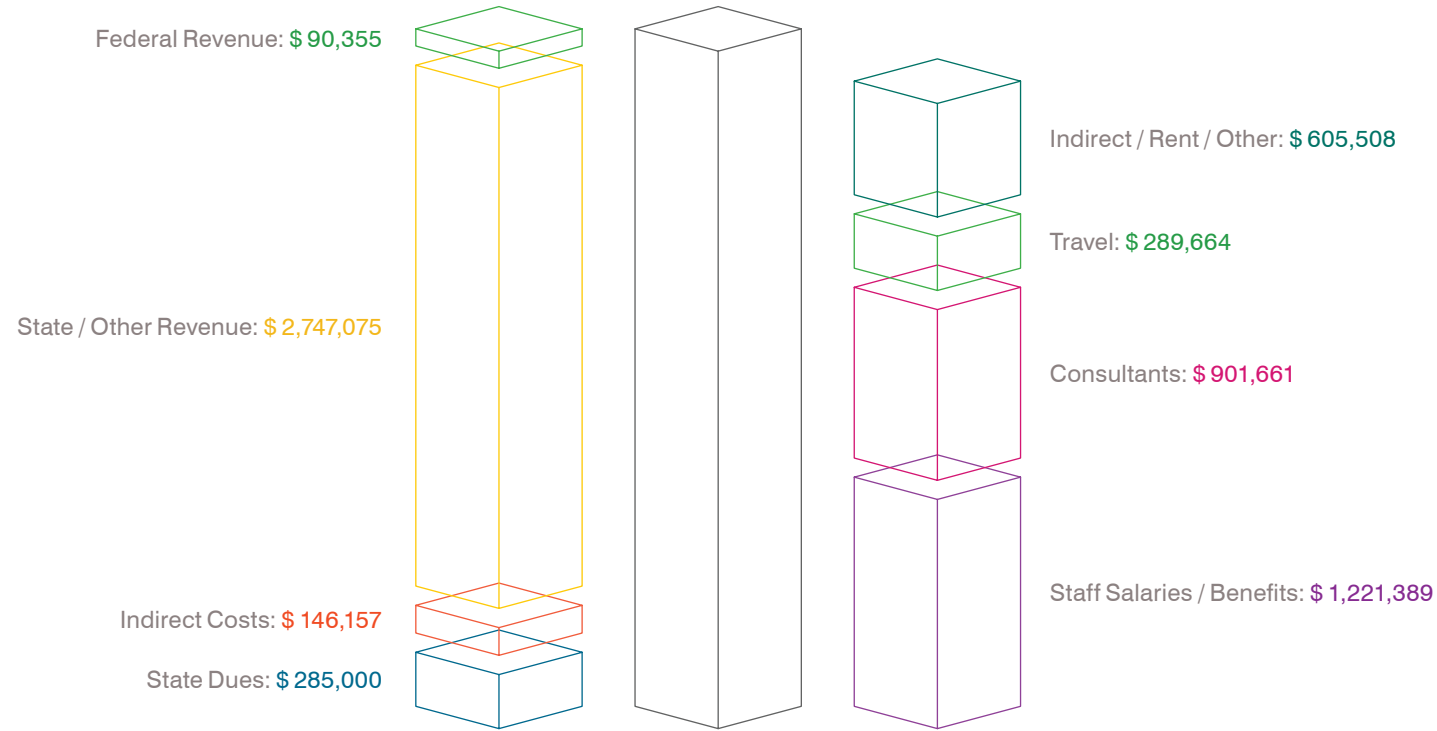
Program expenditures by category are provided on the next page. Total program costs increased from \$3.0 million in FY 14–15 to \$3.7 million in FY 15–16. For FY 15–16, staff salaries and benefits equaled 41.0 percent of total expenditures, followed by consultant costs (35.5%), indirect costs, rent, IT and other expenses (15.4%) and travel (7.9%).



FY 14-15 Actual

Revenue

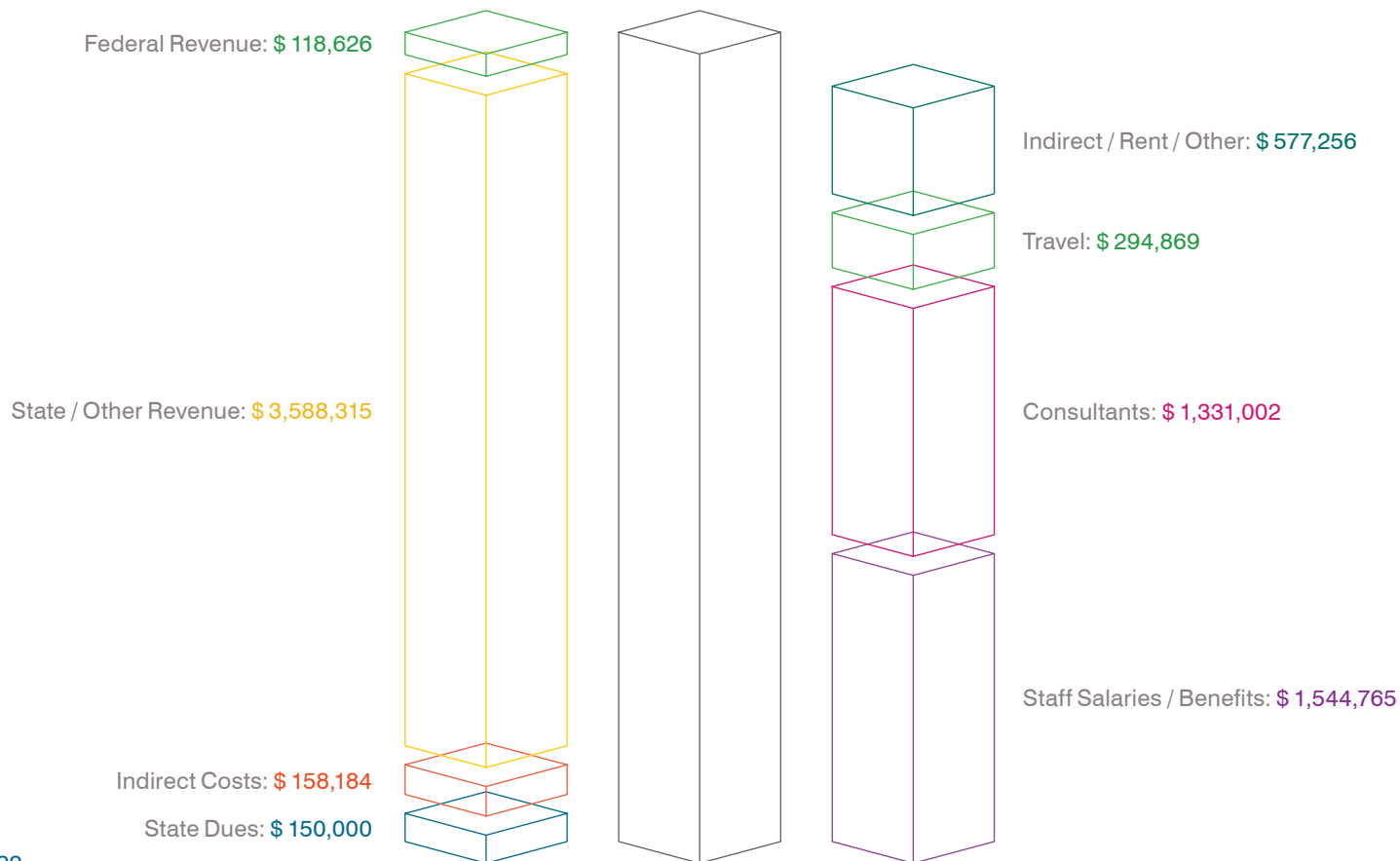
Expenditure



FY 15-16 Actual

Revenue

Expenditure



Dennis Mohatt,
Vice President



Jenny Allen,
Administrative Assistant III



Ken Cole,
Director of Operations



Brittany Copithorn,
Project Coordinator



Alyssa Gilden,
Behavioral Health Research
and Technical Assistance
Associate



Andie Hancock,
Budget Coordinator



April Hendrickson,
Program Evaluation
and Research Associate



Deb Kupfer,
Consultant



Liza Tupa,
Director of Education
and Research



Mimi Windemuller,
Project Manager

Arizona EBP Fidelity
Review Team
Georgia Harris,
Jeni Serrano,
Karen, Voyer-Caravona

Consultants to the Program
Lindsey Banning
Gina Brimmer
Nancy Nagel
David Wanser



Mental Health Program
3035 Center Green Drive, Suite 200
Boulder, CO 80301
wiche.edu/mentalhealth

November 2016